CARPAL TUNNEL QUESTIONNAIRE

Name	Number Date
How severe is the hand or wrist pain that you have at night? I do not have hand or wrist pain at night Mild pain Moderate pain Severe pain Very severe pain	Do you have weakness in your hand or wrist? ☐ No weakness ☐ Mild weakness ☐ Moderate weakness ☐ Severe weakness ☐ Very severe weakness
How often did hand or wrist pain wake you up during a typical night in the past two weeks? Never Once Two or three times Four or five times	Do you have tingling sensations in your hand? ☐ No tingling ☐ Mild tingling ☐ Moderate tingling ☐ Severe tingling ☐ Very severe tingling
 □ More than five times Do you typically have pain in your hand or wrist during the daytime? □ I never have pain during the day □ I have mild pain during the day □ I have moderate pain during the day 	How severe is the numbness (loss of sensation) or tingling at night? ☐ I have no numbness or tingling at night ☐ Mild ☐ Moderate ☐ Severe ☐ Very severe
☐ I have severe pain during the day ☐ I have very severe pain during the day How often do you have hand or wrist pain during the daytime? ☐ Never ☐ Once or twice a day ☐ Three to five times a day	How often did hand numbness or tingling wake you up during a typical night during the past two weeks? Never Once Two or three times Four or five times More than five times
☐ More than five times a day ☐ The pain is constant How long on average does an episode of pain last during the daytime? ☐ I never get pain during the day ☐ Less than 10 minutes ☐ 10 to 60 minutes ☐ Greater than 60 minutes ☐ The pain is constant throughout the day	Do you have difficulty with the grasping and use of small objects such as keys or pencils? No difficulty Mild difficulty Severe difficulty Very severe difficulty
Do you have numbness (loss of sensation) in your hand? □ No □ I have mild numbness □ I have moderate numbness □ I have severe numbness	

Reference: Levine et al. A Self- Administered Questionnaire for the Assessment of Severity of Symptoms and Functional Status in Carpal Tunnel Syndrome. The Journal of Bone and Joint Surgery 1993; 75-A(11):1585-1592.

☐ I have very severe numbness